

Absolute Value = Distance from 0

$$|-3| = 3$$

$$|-3|$$

$$|3| = 3$$

$$|-2 + -6|$$

$$|-2 + -6| = 8$$

$$2 + 6 = 8$$

$$-2 + -6 = -8$$

$$|-5 + -5 + -5 + -5|$$

20

$$-110 + -20 = -130$$

$$-200 + 14$$

$$-186$$